

ATHLETES & TEAMS TRAINED BY MST STAFF

St. Thomas Aquinas 2007-08 Class 5a Champs #1 Team in the Nation 2008
(4 Straight years trained by MST Staff)

Coral Glades High (2005,2006)

Coral Springs Chargers (2005,2006,2009)

Coconut Creek Eagles (2009)

Jaevery McFadden (WI) Kennard Banks (ISU) Major Wright (UF) Mike Moore (UGA) Leonard Hankerson (UM) Myles Russ (RMU) TJ Green (RMU) Conor O'Neill (UW) Duron Carter (OSU) David Terrell (FAU) Rueben Randall (LSU)

NFL Athletes

Cris Carter	Larry Fitzgerald	Brandon Marshall
Ricky Williams	Sean Taylor	Ki-Jana Carter
Darrell McClover	Chris Cooley	Kevin Dockery
Mike Doss	Justin McCareins	Kenny Wright
Jay Fiedler	Omar Jacobs	Tyrone Carter
Mike Flynn	Brent Hawkins	Rondell Biggs
Charles Rogers	Qadry Ismail	Buck Ortega
Rashad Baker	Tory Woodbury	Marcus Freeman
Jason Babin	Daryl Smith	Jason David
Marcus Spriggs	Leonard Myers	Lional Dalton
Kent Smith	Willie Evans	Chase Page
Loius Murphy	Xavier Lee	Otis Wiley

MY SPEED TRAINER

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